

MADE DAILY







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BREAKFAST CLASSICS

FRIED "RICE" 7.50

choice of quinoa | brown rice | cauliflower rice egg, bacon/sausage, spinach, carrot, onion,

garlic, bell pepper, coconut amino

PANCAKES 7.99 / 8.99

choice of grainless | keto-friendly* pancake, maple syrup, fruit/nut*

WAFFLES 7.99 / 8.99

choice of grainless | keto-friendly* waffle, maple syrup, fruit/nut*, whipped cream*

WAFFLE SANDWICH 5 / 6

WTF **DOES THAT MEAN?**

GRAINLESS MEANS NOT MADE WITH ANY **WHEAT PRODUCTS;** NATURALLY GLUTEN-FREE; **PRIMARY DIET WE FOLLOW**

KETO MEANS LOW CARB, HIGH FAT, **MEDIUM PROTEIN**

THE CLASSIC OMELETTE 9.99

choice of bacon | ham | turkey | sausage 3 eggs, spinach, tomato, onion, cheese

BRONCOS OMELETTE 9.99

3 eggs, ham, spinach, mushroom, bell pepper, tomato, cheese

ROSEBUD OMELETTE 10.99

choice of grainless | keto-friendly* waffle, bacon, egg, cheese*

THE JABBA 7.50 / 8.25

choice of grainless | keto-friendly*

waffle, almond butter, banana/strawberry* bacon, honey

CHUCK's GRIDDLE 5/6

choice of grainless | keto-friendly* choice of bacon | sausage

pancake, egg, maple syrup/keto syrup*, cheese*

LUNCH SPECIALS

BOKA BURGER 16.99

choice of bacon | ham | turkey | sausage 4 egg whites, spinach, tomato, onion

GREEK OMELETTE 9.99

choice of bacon | ham | turkey | sausage 3 eggs, spinach, tomato, feta, olive, onion, mushroom

TENBAT BREAKFAST 9.99

choice of quinoa | brown rice | cauliflower rice egg, bacon/sausage, spinach, carrot, onion, garlic, bell pepper, coconut amino



choice of roasted potatoes | carrot fries

almond bun, beef patty, bacon, boka mac sauce, cheese, lettuce, tomato, onion, side salad with dressing

ELI's LOCO MOCO 16.99

choice of quinoa | brown rice | cauliflower rice beef patty, gravy, onion, egg, side salad with dressing

FIESTA PLATE 14.99

choice of quinoa | brown rice | cauliflower rice roasted potato | roasted squash oven roasted chicken, coconut amino, side salad with dressing

ITALIAN MELT 13.99

almond bun, ham, salami, pepperoni, cheese side salad with dressing

CAULI MAC & CHEESE 6.99

THE O.F.C. 13.99

choice of quinoa | brown rice | cauliflower rice roasted potato | roasted squash oven-fried chicken, tapioca starch, side salad with dressing

SHRIMP FLATBREAD 16.99

almond bread, shrimp, tomato, house greens, balsamic vinegar, cheese, side salad with dressing

SUPREME PIZZA 15.99

cauliflower, bacon, 3 cheeses, paprika

almond crust, pizza sauce, mozzarella cheese, spinach,

bell pepper, ham, bacon, onion, olive, side salad with dressing

SALADS & WRAPS ALL REAL SH*T NO BULL SH*T!

BIG ASS SALAD 13.99

choice of chicken | tofu choice of sesame | coconut ranch | vinaigrette house greens, carrot, cabbage, onion, tomato, cucumber, hard-boiled egg

CAESAR SALAD 13.99

house greens, bacon, parmesan cheese, parmesan crisp, grilled chicken, almond flour croutons, onion, caesar dressing

BLT SALAD 13.99

house greens, bacon, tomato, grilled chicken, red onion, cheddar cheese, hard-boiled egg, ranch dressing

SOY-GINGER SALAD 13.99 choice of chicken | tofu

MEDITERRANEAN SALAD 13.99

house greens, chicken, carrot, cabbage, onion, artichoke, olive, quinoa, vinaigrette dressing

CHICKEN WRAP 13.99

grain-free wrap, chicken, bacon, kale, tomato, onion, balsamic dressing, side salad with dressing

PESTO WRAP 13.99

grain-free wrap, chicken, basil pesto, bacon, kale, parmesan cheese, onion, side salad with dressing

house greens, carrot, cabbage, onion, edamame, mandarin, tomato, nut, soy ginger dressing

CLUB WRAP 13.99

grain-free wrap, ham, bacon, tomato, house greens, onion, coconut ranch, side salad with dressing

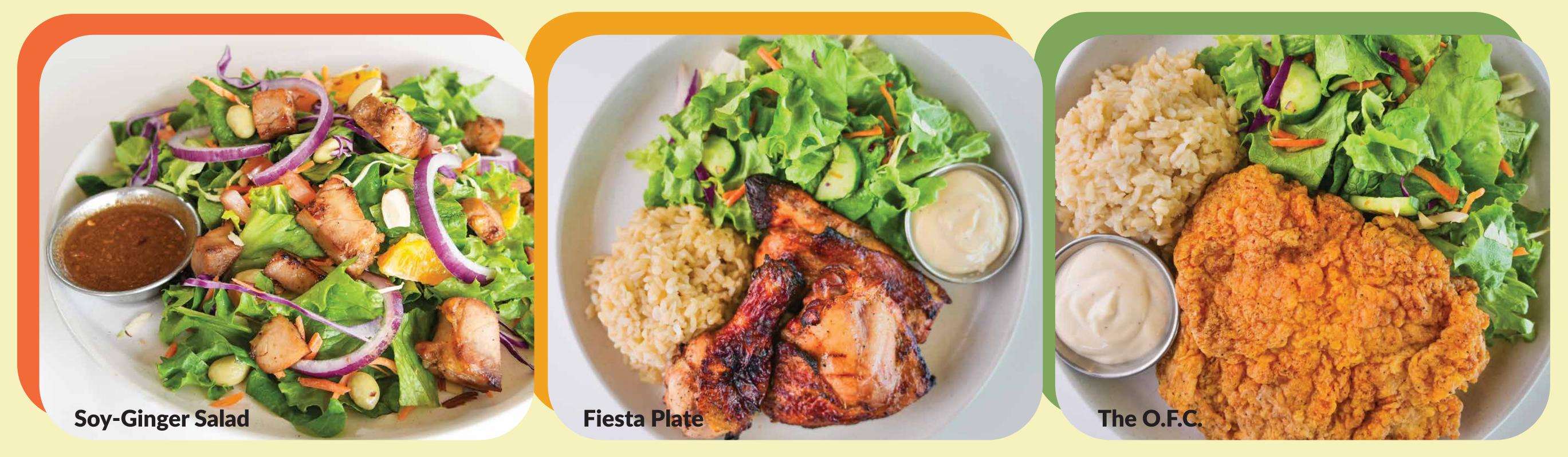


3oz CHICKEN 4.50 3oz SHRIMP 5 3oz TOFU 2.50 2 BACONS 2 BEEF PATTY 4 SAUSAGE 1.50 EGG 1

CHEESE 1 DRESSING 1 ALMOND BUN 3.50 GRAINLESS PANCAKE 2.50 GRAINLESS **WAFFLE 2.50**

KETO PANCAKE 3 KETO WAFFLE 3.50 KETO MAPLE SYRUP 2 MAPLE SYRUP 1.25 **BROWN RICE 2** CARROT FRIES 2.25

CAULI RICE 2.25 POTATOES 2.50 QUINOA 3 SIDE SALAD 4.25 SPINACH 2 **SQUASH 2.50**



COFFEES & TEA WE ARE GRAIN FREE, GLUTEN FREE, AND LOW SODIUM!

AMERICANO 3 / 3.50 HOUSE COFFEE

choice of hot | iced choice of 12 oz | 16 oz espresso, water

BREW-HA 5 choice of hot | iced almond milk, espresso, cinnamon, honey, vanilla extract

BULLET COFFEE 5

choice of hot | iced

2.50/3.25 choice of hot | iced choice of 12 oz | 16 oz drip coffee | FREE dine-in refill

LATTE 5 choice of hot | iced choice of agave nectar | erythritol

MOCHA LATTE 5

choice of hot | iced choice of agave nectar | erythritol sugar honey | coconut sugar almond milk, espresso, cocoa powder

RED EYE 4.25

choice of hot | iced espresso, drip coffee

LEMON TEA 2.25



drip coffee, butter, MCT oil,

erythritol sugar





choice of agave nectar



black tea, lemon



AGAGA' (RED) 6.25

apple, beet, orange, ginger, lemon

BETDE (GREEN) 6.25

apple, spinach, microgreen, orange, ginger, lemon

KÅHET (ORANGE) 6.25

apple, carrot, orange, ginger, lemon

160Z, SMOOTHIES

ALMOND BUTTER & BANANA 6.99

MANNGO' (TURMERIC) 6.25

orange, apple, lemon, ginger, turmeric, black pepper

MAOLEK (GOOD) 6.25

apple, ginger, lemon, cayenne pepper

KETO BOKA BERRY 8.99

5 **TAG US** OTHEBOKABOX!

almond butter, banana, spinach, almond milk, honey

SITH LORD 6.99

banana, date, almond butter, almond milk, honey

BOKA BERRY 6.99

strawberry, blueberry, banana, spinach, almond milk, agave nectar, vanilla extract

STRAWBERRY & BANANA 6.99

strawberry, banana, honey, almond milk

KETO ALMOND MOCHA 8.99

strawberry, blueberry, spinach, almond milk, erythritol sugar, vanilla extract

KETO CHOCOLATE 8.99

coconut milk, cocoa powder, MCT oil, erythritol sugar

KETO COFFEE CREAM 8.99

instant coffee, heavy cream, almond milk, erythritol sugar, pink himalayan salt

KETO NUTT BUTT 9.99

MCT oil, erythritol sugar, vanilla extract, peanut butter, cinnamon, heavy cream, almond milk

KETO STRAWBERRY CREAM 8.99

coconut milk, cocoa powder, MCT oil, erythritol sugar, almond butter, instant coffee

KETO BLUEBERRY CREAM 8.99

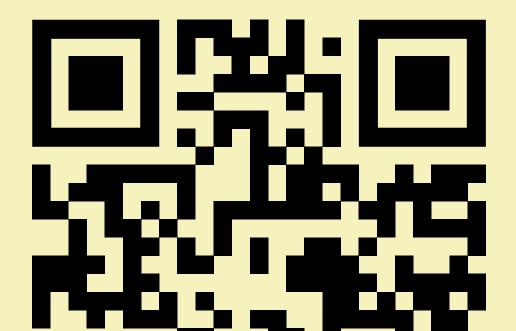
blueberry, heavy cream, almond milk, erythritol sugar, pink himalayan salt



strawberry, heavy cream, almond milk, erythritol sugar, pink himalayan salt



COCONUT MILK .75 HEAVY CREAM .75 PLANT PROTEIN 2 WHEY PROTEIN 1.50 MCT OIL 1.50 BUTTER .25 AGAVE NECTAR .75 COCONUT SUGAR .50 ERYTHRITOL SUGAR 1 HONEY .75 ALMOND BUTTER 1 ALMOND MILK .75



SCAN THE CODE TO LEARN MORE!



